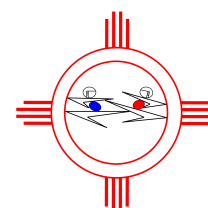


New Mexico Open Taekwondo Championships



COMPETITION INFORMATION

FORMS

COMPETITION

- ◆ Coaches, spectators, and parents will not be allowed on the competition floor.
- ◆ Points will be given. First, second, and third place medals will be awarded.
- ◆ No shoes or jewelry.

BREAKING

COMPETITION

- ◆ **BOARDS ONLY**, which will be for sale for \$4 each. No glass or bricks allowed.
- ◆ Points will be given. First, second, and third place medals will be awarded.
- ◆ Competitors have only **three tries** per board.

INDIVIDUAL CREATIVE

COMPETITION

- ◆ One person only. Weapons and music are allowed (bring your own music player).
- ◆ The performance will be judged and scored according to the difficulty and presentation.
- ◆ First, second, and third place medals will be awarded.
- ◆ Maximum performance time is **three minutes!**

TEAM

CREATIVE

COMPETITION

- ◆ Two, three, or four competitors performing together. Weapons and music are allowed.
- ◆ The performance will be judged and scored according to the difficulty and presentation.
- ◆ First, second, and third place medals will be awarded.
- ◆ Maximum performance time is **six minutes!**

SPARRING

COMPETITION

- ◆ Only one coach will be allowed with their competitor on the floor. Everyone else must stay up in the bleachers. School owners can sit in the *Masters Section* on the competition floor.
- ◆ **MAKE SURE WEIGHTS ARE ACCURATE** on the application!
- ◆ Single elimination brackets will be used. We will try to give competitors at least two matches, use round-robins, and fight off for third place.
- ◆ No eye glasses, shoes, or jewelry! USAT required sparring gear, including **insteps!** Males must wear a groin cup. 14+ Black Belts must wear WTF approved **gloves**.
- ◆ All grabbing, pushing, falling, and other USAT penalties will result in deductions.
- ◆ All Color belts will have 3, one-minute rounds; Black belts will have 3, two-minute rounds.
- ◆ If there is a **12 point GAP** anytime after the second round, the winner will be declared.
- ◆ Turning kicks (tornado, back kick) with a continuous motion (not stepping and turning) will be awarded **two** points. Turning kicks must impact the hogu for the extra point!
- ◆ No head kicks for color belts 11 and younger.
- ◆ Light head kicks (**3 points**) for Black belts ages 8-13 and color belts 12+ (Jr. Safety rules).
- ◆ Full contact head kicks (3 points) for 14+ Black belts and color belts 18+ (Senior rules). Turning head kicks will be awarded **four** points.
- ◆ Black Belt matches will use the **LaJust** chest protectors, sensor socks, and scoring system. Bring your own sensor socks if you have them.

Jr & Sr BLACK BELT GRAND CHAMPIONS

- ◆ Two Grand Champion swords will be awarded. One for the Jr. (age 8-13) Black Belt and one for Sr. Black Belt (ages 14+) **CHAMPIONS** from the *NM Open Championships!*
- ◆ Points will be tallied for each Black Belt competitor from the Forms, Breaking, Individual Creative, and Sparring competitions (not Team Creative competition).
- ◆ Gold medals = 10 points; Silver medals = 7 points; Bronze medals = 4 points.
- ◆ You can only compete in one division per competition.